1. Since the outbreak of the COVID-19 pandemic, how often did you do th	e
following activities, as compared to before the outbreak? Not at all, le	3 SS
often, about the same, or more often?	

Please tick one box per line	Not at all	Less often	About the same	More often				
Leave your home								
Go grocery shopping								
Travel to visit family members								
Travel to visit friends								
Attend religious services outside your home								
Exercise at home								
Walk outside your home for more than 20 minutes								
Do hobbies, crafts, or puzzles								
Watch TV, Netflix, stream movies, or shows								
Volunteer								
Do garden work or home repairs								
Read books, magazines, or newspapers (in print or online)								
Meet with social groups on Zoom or other online video conference sites								
2. People have been asked to socially distance when outside meaning that they stay at least two metres apart from others.								

Did you keep distance to others **when you went outside** your home?

Always

Often

Sometimes

Never

3. We are interested in learning about people's behaviours during the COVID-19 pandemic. Can you please tell us if you did or did not do the following during the lockdown phase?											
Please tick one box per line								Yes		N	0
Did you wash your hands more frequently than usual?											
Did you use special hand sanitiser or disinfection fluids?											
Did you pay special attention to covering coughs and sneezes?											
Did you take any drugs or medicine as a prevention against COVID-19?											
Did you wear a protective face mask when outside the home, around other people?											
4. On a scale of 1-10, to what extensions response to the government reference from 1 = no change to behavior Please circle one number per line	com	men	ıdati	ions							er
At home	1	2	3	4	5	6	7	8	9	10	N/A
At work	1	2	3	4	5	6	7	8	9	10	N/A
In outdoor public places (parks etc.)	1	2	3	4	5	6	7	8	9	10	N/A
Indoor public places (supermarkets, garages, other retail outlets etc.)	1	2	3	4	5	6	7	8	9	10	N/A
5. How many other people did you share your accommodation with during the COVID-19 pandemic?											

Number of people aged 18 years and older:

Number of people aged less than 18 years:

6. Does the property you are currently living in have any of the following?							
Please tick one box per line			Ye	s No			
A garden							
A roof terrace or large balcony							
Other private outdoor space							
Other shared outdoor space							
None of these							
7. Did you change when Please circle one answer7.1 If you did change	Yes where you live b	No	If "No" please go to qu	estion 8			
where did you m Please tick all that apply	iove to?						
To own home		To a friend's	home				
To a child's / stepchild's home		To a health (care facility (incl. nursing				
To a home of some other famil member	У	Other, speci	fy				
Specify:							
8. Did you have some pandemic?	eone move in with	ı you bec	ause of the COVII)-19			
Please circle one answer	Yes	No	If "No" please skip				
8.1. If someone did m what was the re	ove in with you belationship of this		The second secon	andemic,			
Please tick all that apply							
Spouse / partner	Grandchild(ren)	Parent(s)				
Other relative(s)	Sibling(s)		Friend / neighbou	r(s)			
Son(s) or daughter(s)	Carer		Other specify:				

Contains renumbered items 1.1-1.8.1 from "Section 1" from pages 4-6 of the full document "TILDA COVID-19 Self-Completion Questionnaire"

Other, specify: _