



Data Collection Worksheet

Please Note: The Data Collection Worksheet (DCW) is a tool to aid integration of a PhenX protocol into a study. The PhenX DCW is not designed to be a data collection instrument. Investigators will need to decide the best way to collect data for the PhenX protocol in their study. Variables captured in the DCW, along with variable names and unique PhenX variable identifiers, are included in the PhenX Data Dictionary (DD) files.

How you feel about your overall health

*Describing your health **BEFORE your COVID-19 test**

Under each heading, please tick the ONE box that describes **your health BEFORE your COVID-19 test**

Mobility (walking about)

- I had no problems walking about
- I had some problems walking about
- I had a lot of problems walking about

Looking after myself

- I had no problems washing or dressing myself
- I had some problems washing or dressing myself
- I had a lot of problems washing or dressing myself

Doing usual activities (for example, going to school, hobbies, sports, playing, doing things with family or friends)

- I had no problems doing my usual activities
- I had some problems doing my usual activities
- I had a lot of problems doing my usual activities

Having pain or discomfort

- I had no pain or discomfort
- I had some pain or discomfort

I had a lot of pain or discomfort

Feeling worried, sad or unhappy

I was not worried, sad or unhappy

I was a bit worried, sad or unhappy

I was very worried, sad or unhappy

Describing your health **TODAY**

Under each heading, please tick the ONE box that describes **your health TODAY**

Mobility (walking about)

I have no problems walking about

I have some problems walking about

I have a lot of problems walking about

Looking after myself

I have no problems washing or dressing myself

I have some problems washing or dressing myself

I have a lot of problems washing or dressing myself

Doing usual activities (for example, going to school, hobbies, sports, playing, doing things with family or friends)

I have no problems doing my usual activities

I have some problems doing my usual activities

I have a lot of problems doing my usual activities

Having pain or discomfort

I have no pain or discomfort

I have some pain or discomfort

I have a lot of pain or discomfort

Feeling worried, sad or unhappy

I am not worried, sad or unhappy

I am a bit worried, sad or unhappy

[] I am very worried, sad or unhappy

BEFORE your COVID-19 test

Questions	Hardly Ever or Never	Some of the time	Often
How often did you feel that you have no one to talk to?	[] 1	[] 2	[] 3
How often did you feel left out?	[] 1	[] 2	[] 3
How often did you feel alone?	[] 1	[] 2	[] 3

	Often/Always	Some of the time	Occasionally	Hardly Ever	Never
How often did you feel lonely?	[] 1	[] 2	[] 3	[] 4	[] 5

TODAY

Questions	Hardly Ever or Never	Some of the time	Often
How often do you feel that you have no one to talk to?	[] 1	[] 2	[] 3
How often do you feel left out?	[] 1	[] 2	[] 3
How often do you feel alone?	[] 1	[] 2	[] 3

	Often/Alw ays	Some of the time	Occasionally	Hardly Ever	Never
How often do you feel lonely?	[] 1	[] 2	[] 3	[] 4	[] 5

We would like to know how good or bad your health was **BEFORE your Covid-19 test*** and how it is **TODAY**

This scale is numbered from 0 to 100%
100% means the best health you can think of
0% means the worst health you can think of.

Please look at the scale and **select the number** for your health **BEFORE your Covid-19 test** and your health **TODAY**

Before Covid-19 Test

- 0
- 5
- 10
- 15
- 20
- 25
- 30
- 35
- 40
- 45
- 50
- 55
- 60
- 65
- 70
- 75
- 80
- 85
- 90
- 95
- 100

Today

- 0
- 5
- 10
- 15
- 20
- 25
- 30
- 35
- 40
- 45
- 50
- 55
- 60
- 65
- 70
- 75
- 80
- 85
- 90
- 95
- 100

Protocol source: <https://www.phenxtoolkit.org/protocols/view/992301>