



Data Collection Worksheet

Please Note: The Data Collection Worksheet (DCW) is a tool to aid integration of a PhenX protocol into a study. The PhenX DCW is not designed to be a data collection instrument. Investigators will need to decide the best way to collect data for the PhenX protocol in their study. Variables captured in the DCW, along with variable names and unique PhenX variable identifiers, are included in the PhenX Data Dictionary (DD) files.

1. Before COVID-19, were you limited in any way in any activities because of physical, mental, or emotional problems?

Yes (specify)

No

Refuse to answer

1a. Please specify how you were limited before COVID-19: _____

2. Before COVID-19, did you have any health problem that required you to use special equipment, such as a cane, a wheelchair, a special bed, or a special telephone?

*Include occasional use or use in certain circumstances

Yes

No

Refuse to answer

3. Do you have any difficulty walking a quarter of a mile, that is about 2 or 3 blocks, without stopping?

Yes

No

Refuse to answer

4. How much difficulty do you have walking a quarter of a mile?

A little

Some

A lot

Unable to do

Refuse to answer

5. Did you have difficulty walking a quarter of a mile before your COVID-19 illness?

Yes

No

Refuse to answer

6. How easy is it for you to walk a quarter of a mile?

Very easy

Somewhat easy

Not so easy

Refuse to answer

7. Do you have any difficulty walking a distance of one mile?

Yes

No

Refuse to answer

8. Did you have difficulty walking one mile before your COVID-19 illness?

Yes

No

Refuse to answer

9. How easy is it for you to walk one mile?

Very easy

Somewhat easy

Not so easy

Refuse to answer

10. Do you have any difficulty walking up 10 steps, that is about 1 flight, without resting?

Yes

No

Refuse to answer

11. How much difficulty do you have walking up 10 steps?

A little

Some

A lot

Unable to do

Refuse to answer

12. Did you have difficulty walking up 10 steps before your COVID-19 illness?

Yes

No

Refuse to answer

13. How easy is it for you to walk up 10 steps?

Very easy

Somewhat easy

Not so easy

Refuse to answer

14. Do you have any difficulty walking up 20 steps, that is about 2 flights, without resting?

Yes

No

Refuse to answer

15. Did you have difficulty walking up 20 steps before your COVID-19 illness?

Yes

No

Refuse to answer

16. How easy is it for you to walk up 20 steps?

Very easy

Somewhat easy

Not so easy

Refuse to answer

17. Do you have difficulty doing light housework such as doing dishes, straightening up or light cleaning by yourself?

Yes

No

Refuse to answer

18. How much difficulty do you have doing light housework?

A little

Some

A lot

Unable to do

Refuse to answer

19. Did you have difficulty doing light housework before your COVID-19 illness?

Yes

No

Refuse to answer

20. Do you have difficulty doing heavy housework such as vacuuming and washing windows, walls, or floors?

Yes

No

Refuse to answer

21. How much difficulty do you have doing heavy housework?

A little

Some

A lot

Unable to do

Refuse to answer

22. Did you have difficulty doing heavy housework before your COVID-19 illness?

Yes

No

Refuse to answer

23. Prior to your initial COVID-19 illness, during a typical 7-day period (a week), how many times on average did you do the following kinds of exercise for more than 15 minutes during your free time?

23a. Strenuous exercise (heart beats rapidly)?

_____times per week

Examples: running, jogging, hockey, football, soccer, squash, basketball, cross country skiing, judo, roller skating, vigorous swimming, vigorous long distance bicycling

23b. Moderate exercise (not exhausting)?

_____times per week

Examples: fast walking, baseball, tennis, easy bicycling, volleyball, badminton, easy swimming, alpine skiing, popular and folk dancing

23c. Mild/light exercise (minimal effort)?

_____times per week

Examples: yoga, archery, fishing from river bank, bowling, horseshoes, golf, snow-mobiling, easy walking

24. Since your initial COVID-19 illness, during a typical 7-day period (a week), how many times on average do you do the following kinds of exercise for more than 15 minutes during your free time?

24a. Strenuous exercise (heart beats rapidly)?

_____times per week

Examples: running, jogging, hockey, football, soccer, squash, basketball, cross country skiing, judo, roller skating, vigorous swimming, vigorous long distance bicycling

24b. Moderate exercise (not exhausting)?

_____times per week

Examples: fast walking, baseball, tennis, easy bicycling, volleyball, badminton, easy swimming, alpine skiing, popular and folk dancing

24c. Mild/light exercise (minimal effort)?

_____times per week

Examples: yoga, archery, fishing from river bank, bowling, horseshoes, golf, snow-mobiling, easy walking

Protocol source: <https://www.phenxtoolkit.org/protocols/view/992201>