



Data Collection Worksheet

Please Note: The Data Collection Worksheet (DCW) is a tool to aid integration of a PhenX protocol into a study. The PhenX DCW is not designed to be a data collection instrument. Investigators will need to decide the best way to collect data for the PhenX protocol in their study. Variables captured in the DCW, along with variable names and unique PhenX variable identifiers, are included in the PhenX Data Dictionary (DD) files.

Description of Connor-Davidson Resilience Scale (CD-RISC 25)

The Connor-Davidson Resilience Scale is a 25-item, self-report scale designed to measure the resilience and “ability to bounce back” of individuals across many populations. Scoring is based on the summing of the total of all items, each of which is scored 0-4. The full range is 0-100, with a higher score reflecting greater resilience. When evaluating the score, the status of the subject (student/adult/child) and the geographic region should be considered.

The Connor-Davidson Resilience Scale requires a licensing agreement which can be accessed from CD-RISC Home Website: CD-RISC: Home (<http://www.connordavidson-resiliencescale.com/index.php>). The website also includes mean scores for specific populations.

The CD-RISC 25 is a proprietary protocol, that can be obtained by contacting mail@cd-risc.com.

Protocol source: <https://www.phenxtoolkit.org/protocols/view/870601>