

## **Data Collection Worksheet**

**Please Note:** The Data Collection Worksheet (DCW) is a tool to aid integration of a PhenX protocol into a study. The PhenX DCW is not designed to be a data collection instrument. Investigators will need to decide the best way to collect data for the PhenX protocol in their study. Variables captured in the DCW, along with variable names and unique PhenX variable identifiers, are included in the PhenX Data Dictionary (DD) files.

The 14-item Coping Strategies Questionnaire

Item Question

- 1. I think of things I enjoy doing.
- 2. I just think of it as some other sensation, such as numbness.
- 3. It is terrible and I think it is never going to get any better.
- 4. I don't pay any attention to it.
- 5. I pray for the pain to stop.
- 6. I tell myself I can't let the pain stand in the way of what I have to do.
- 7. I do something active, like household chores or projects.
- 8. I replay in my mind pleasant experiences in the past.
- 9. I pretend it is not a part of me.
- 10. I feel I can't stand it anymore.

- 11. I ignore it.
- 12. I try to think years ahead, what everything will be like after I've gotten rid of the pain.
- 13. I see it as a challenge and don't let it bother me.
- 14. I do something I enjoy, such as watching TV or listening to music.

All items are scored on a scale from 0 to 6 with 0 = Never do, 3= Sometimes do that, and 6 = Always do that. Items 1 and 8, the CSQ Diverting Attention, items 2 and 9, Reinterpreting Pain Sensations, items 3 and 10, Catastrophizing, items 4 and 11, Ignoring Sensations, items 5 and 12, Praying or Hoping, items 6 and 13, Coping Self-Statements and items 7 and 14, Increased Behavioral Activities.

Protocol source: https://www.phenxtoolkit.org/protocols/view/860301