Data Collection Worksheet

Please Note: The Data Collection Worksheet (DCW) is a tool to aid integration of a PhenX protocol into a study. The PhenX DCW is not designed to be a data collection instrument. Investigators will need to decide the best way to collect data for the PhenX protocol in their study. Variables captured in the DCW, along with variable names and unique PhenX variable identifiers, are included in the PhenX Data Dictionary (DD) files.

Child Eating Behaviour Questionnaire (CEBQ)

Please read the following statements and tick the boxes most appropriate to your child's eating behaviour.

	Never	Rarely	Sometimes	Often	Always	
My child loves food	□	□	□	□	□	EF
My child eats more when worried	□	□	□	□	□	EOE
My child has a big appetite	□	□	□	□	□	SR*
My child finishes his/her meal quickly	□	□	□	□	□	SE*
My child is interested in food	□	□	□	□	□	EF
My child is always asking for a drink	□	□	□	□	□	DD
My child refuses new foods at first	□	□	□	□	□	FF

	Never	Rarely	Sometimes	Often	Always	
My child eats slowly	□	□	□	□	□	SE
My child eats less when angry	□	□	□	□	□	EUE
My child enjoys tasting new foods	□	□	□	□	□	FF*
My child eats less when s/he is tired	□	□	□	□	□	EUE
My child is always asking for food	□	□	□	□	□	FR
My child eats more when annoyed	□	□	□	□	□	EOE
If allowed to, my child would eat too much	□	□	□	□	□	FR
My child eats more when anxious	□	□	□	□	□	EOE
My child enjoys a wide variety of foods	□	□	□	□	□	FF*
My child leaves food on his/her plate at the end of a meal	□	□	□	□	□	SR
My child takes more than 30 minutes to finish a meal	□	□	□	□	□	SE

Given the choice, my child would eat most of the time	□	□	□	□	□	FR
My child looks forward to mealtimes	□	□	□	□	□	EF
My child gets full before his/her meal is finished	□	□	□	□	□	SR
My child enjoys eating	□	□	□	□	□	EF
My child eats more when she is happy	□	□	□	□	□	EUE
My child is difficult to please with meals	□	□	□	□	□	FF
My child eats less when upset	□	□	□	□	□	EUE
My child gets full up easily	□	□	□	□	□	SR
My child eats more when s/he has nothing else to do	□	□	□	□	□	EOE
Even if my child is full up s/he finds room to eat his/her favourite food	□	□	□	□	□	FR
If given the chance, my child would drink continuously throughout the day	□	□	□	□	□	DD
My child cannot eat a meal if s/he has had a snack just before	□	□	□	□	□	SR

If given the chance, my child would always be having a drink	□	□	□	□	□	DD
My child is interested in tasting food s/he hasn't tasted before	□	□	□	□	□	FF*
My child decides that s/he doesn't like a food, even without tasting it	□	□	□	□	□	FF
If given the chance, my child would always have food in his/her mouth	□	□	□	□	□	FR
My child eats more and more slowly during the course of a meal	□	□	□	□	□	SE

SCORING OF THE CEBQ

(Never = 1, Rarely = 2, Sometimes = 3, Often = 4, Always = 5)

• Food responsiveness = mean of items labelled FR

• Emotional overeating = mean of items labelled EOE

• Enjoyment of food = mean of items labelled EF

• Desire to drink = mean of items labelled DD

• Satiety responsiveness = mean of items labelled SR

• Slowness in eating = mean of items labelled SE

• Emotional undereating = mean of items labelled EUE

• Food fussiness = mean of items labelled FF

*Reversed items

Protocol source: https://www.phenxtoolkit.org/protocols/view/650301