



## Data Collection Worksheet

**Please Note:** The Data Collection Worksheet (DCW) is a tool to aid integration of a PhenX protocol into a study. The PhenX DCW is not designed to be a data collection instrument. Investigators will need to decide the best way to collect data for the PhenX protocol in their study. Variables captured in the DCW, along with variable names and unique PhenX variable identifiers, are included in the PhenX Data Dictionary (DD) files.

### Summary of the Beck Hopelessness Scale

The Beck Hopelessness Scale (BHS) consists of 20 self-report true-false statements that assess the respondent's positive and negative beliefs about the future during the past week. Each optimistic response is scored as 0 and each pessimistic response is scored as 1. A total score is calculated by summing the pessimistic responses for each of the 20 items.

The Beck Hopelessness Scale (BHS) is a proprietary instrument. Administration/use of the BHS requires a licensing agreement from Pearson. Researchers should complete and return an application to [pas.licensing@pearson.com](mailto:pas.licensing@pearson.com).

Protocol source: <https://www.phenxtoolkit.org/protocols/view/640602>