



Data Collection Worksheet

Please Note: The Data Collection Worksheet (DCW) is a tool to aid integration of a PhenX protocol into a study. The PhenX DCW is not designed to be a data collection instrument. Investigators will need to decide the best way to collect data for the PhenX protocol in their study. Variables captured in the DCW, along with variable names and unique PhenX variable identifiers, are included in the PhenX Data Dictionary (DD) files.

Peer Alternatives for Addiction (PAL) Mutual-help Group (MHG) Involvement and Treatment Attendance Questions

MHG MEETING ATTENDANCE SCREENER

1. Think about your entire lifetime. Please indicate which of the following mutual-help groups you have ever attended for an alcohol/drug problem of your own. (Select all that apply.)

- ☐ Alcoholics Anonymous (AA)
- ☐ Narcotics Anonymous (NA)
- ☐ Cocaine Anonymous (CA)
- ☐ Marijuana Anonymous (MA)
- ☐ LifeRing Secular Recovery (LifeRing)
- ☐ SMART Recovery (SMART)
- ☐ Women for Sobriety (WFS)
- ☐ Other (specify)*

*One might add Celebrate Recovery and Recovery Dharma/Refuge Recovery, based on responses to "Other."

MHG MEETING COUNTS

1. Approximately how many [in-person/online/in-person and online][mutual-help group]* meetings have you attended in your lifetime? Just give us your best guess even if you aren't sure of the exact number.
2. Approximately how many [in-person/online/in-person and online][mutual-help group]* meetings have you attended in the past 30 days?

*PAL separately assessed in-person and online meeting attendance for each target group type, then summed, but theoretically these could be tailored to study needs. E.g., one could ask about in-person and online MHG meeting attendance globally.

ADDITIONAL MHG INVOLVEMENT QUESTIONS

INTRO: Consider now all of the [mutual-help group]* meetings you attended in the past 30 days for an [alcohol/drug/alcohol or drug]* problem of your own, whether in person or online. For any of these meetings...

1. Do you currently have a regular or “home” group? By this, we mean a meeting that you usually attend weekly and where you know many of the people.

☐ 0 No

☐ 1 Yes

2. Do you currently have at least one close friend or “sponsor” who you can call on for help when you need it?

☐ 0 No

☐ 1 Yes

3. In the past 30 days, have you convened or led any meetings?

☐ 0 No

☐ 1 Yes

4. In the past 30 days, have you done volunteer work or “service” at a meeting? For example, this might include helping newcomers, setting up chairs, making coffee, or cleaning up after a meeting. Do not include leading meetings.

☐ 0 No

☐ 1 Yes

*PAL asked about all mutual-help groups and alcohol problems, so created a summary measure of involvement for alcohol problems. Again, though, these theoretically could be tailored. E.g., one could ask about involvement in a specific group for alcohol or drugs.

- For a **total involvement score**, involvement items should be recoded to 0 (no)/1 (yes) and summed with meetings attended in the past 30 days, also recoded to 0 (less than weekly, or <4)/1 (at least weekly, or 4 plus) to yield a 5-item scale.

TREATMENT QUESTIONS

1a. Have you ever received inpatient or outpatient treatment for an alcohol or drug problem?

☐ No

☐ Yes

1b. Did you receive any of this treatment in the past 12 months?

☐ No

☐ Yes