



Data Collection Worksheet

Please Note: The Data Collection Worksheet (DCW) is a tool to aid integration of a PhenX protocol into a study. The PhenX DCW is not designed to be a data collection instrument. Investigators will need to decide the best way to collect data for the PhenX protocol in their study. Variables captured in the DCW, along with variable names and unique PhenX variable identifiers, are included in the PhenX Data Dictionary (DD) files.

Instructions: This questionnaire is designed to assess beliefs people have about the consequences of smoking a cigarette. We are interested in your general expectations about the consequences of your smoking. Below is a list of statements. Each statement contains a possible consequence of smoking. For each of the statements listed below, please rate how **LIKELY** or **UNLIKELY** you believe each consequence is for you when you smoke. If the consequence seems **LIKELY** to you, circle a number from 5-9. That is, if you believe that a consequence would never happen, circle 0; if you believe a consequence would happen every time you smoke, circle 9. If it seems a little unlikely to you, you would circle 4.

0 1 2 3 4 5 6 7
Completely Very A little A little Somewhat Ver
 Extremely Somewhat
←-----UNLIKELY-----X-----LIKEL

1. My throat burns after smoking. 0 1 2 3 4 5 6 7 8 9
2. I enjoy the taste sensations while smoking. 0 1 2 3 4 5 6 7 8 9
3. Nicotine “fits” can be controlled by smoking. 0 1 2 3 4 5 6 7 8 9
4. When I’m angry, a cigarette can calm me down. 0 1 2 3 4 5 6 7 8 9
5. When I’m alone, a cigarette can help me pass the time. 0 1 2 3 4 5 6 7 8 9
6. Smoking a cigarette energizes me. 0 1 2 3 4 5 6 7 8 9
7. Smoking calms me down when I feel nervous. 0 1 2 3 4 5 6 7 8 9
8. A cigarette can give me energy when I’m bored and tired. 0 1 2 3 4 5 6 7 8 9
9. I will enjoy the flavor of a cigarette. 0 1 2 3 4 5 6 7 8 9
10. If I have nothing to do, a smoke can help kill time. 0 1 2 3 4 5 6 7 8 9

11. When I smoke, the taste is pleasant. 0 1 2 3 4 5 6 7 8 9
12. Smoking will satisfy my nicotine cravings. 0 1 2 3 4 5 6 7 8 9
13. I feel like part of a group when I'm around other smokers. 0 1 2 3 4 5 6 7 8 9
14. Smoking makes me seem less attractive. 0 1 2 3 4 5 6 7 8 9
15. By smoking, I risk heart disease and lung cancer. 0 1 2 3 4 5 6 7 8 9
16. Smoking helps me enjoy people more. 0 1 2 3 4 5 6 7 8 9
17. People think less of me if they see me smoking. 0 1 2 3 4 5 6 7 8 9
18. If I'm feeling irritable, a smoke will help me relax. 0 1 2 3 4 5 6 7 8 9
19. Smoking irritates my mouth and throat. 0 1 2 3 4 5 6 7 8 9
20. Smoking helps me control my weight. 0 1 2 3 4 5 6 7 8 9
21. The more I smoke, the more I risk my health. 0 1 2 3 4 5 6 7 8 9
22. Cigarettes keep me from eating more than I should. 0 1 2 3 4 5 6 7 8 9
23. Smoking keeps my weight down. 0 1 2 3 4 5 6 7 8 9
24. I look ridiculous while smoking. 0 1 2 3 4 5 6 7 8 9
25. I feel more at ease with other people if I have a cigarette. 0 1 2 3 4 5 6 7 8 9

>Brief SCQ-A Scoring

Calculate mean response for each of the following 10 scales:

1. Negative Affect Reduction

4. When I'm angry, a cigarette can calm me down.
7. Smoking calms me down when I feel nervous.
18. If I'm feeling irritable, a smoke will help me relax.

2. Stimulation/State Enhancement

6. Smoking a cigarette energizes me.
8. A cigarette can give me energy when I'm bored and tired.

3. Health Risks

15. By smoking, I risk heart disease and lung cancer.

21. The more I smoke, the more I risk my health.

4. Taste/Sensorimotor Manipulation

2. I enjoy the taste sensations while smoking.

9. I will enjoy the flavor of a cigarette.

11. When I smoke, the taste is pleasant.

5. Social Facilitation

13. I feel like part of a group when I'm around other smokers.

16. Smoking helps me enjoy people more.

25. I feel more at ease with other people if I have a cigarette.

6. Appetite/Weight Control

20. Smoking helps me control my weight.

22. Cigarettes keep me from eating more than I should.

23. Smoking keeps my weight down.

7. Craving/Addiction

3. Nicotine "fits" can be controlled by smoking.

12. Smoking will satisfy my nicotine cravings.

8. Negative Physical Feelings

1. My throat burns after smoking.

19. Smoking irritates my mouth and throat.

9. Boredom Reduction

5. When I'm alone, a cigarette can help me pass the time.

10. If I have nothing to do, a smoke can help kill time.

10. Social Impression

14. Smoking makes me seem less attractive.

17. People think less of me if they see me smoking.

24. I look ridiculous while smoking.

Protocol source: <https://www.phenxtoolkit.org/protocols/view/520407>