



Data Collection Worksheet

Please Note: The Data Collection Worksheet (DCW) is a tool to aid integration of a PhenX protocol into a study. The PhenX DCW is not designed to be a data collection instrument. Investigators will need to decide the best way to collect data for the PhenX protocol in their study. Variables captured in the DCW, along with variable names and unique PhenX variable identifiers, are included in the PhenX Data Dictionary (DD) files.

Instruction To Assessor:

Be sure to ask this set of questions early in the Baseline Interview.

Instruction To Participant:

The purpose of this next set of questions is to find out about your everyday activities at home. Im going to ask you whether anyone has helped you with these tasks. Im asking about family members, friends, and home care workers. Lets discuss the following daily activities for the period during the last month.

1a. Within the last month, did you need help from another person to bathe (wash and dry your whole body)?

- 1 No help
- 2 Help - GO TO 2a
- 3 Unable to do - GO TO 2a
- 7 REF
- 8 DK

1b. Within the last month, have you had difficulty with bathing?

- 1 Yes
- 2 No
- 7 REF
- 8 DK
- 9 NA

2a. Within the last month, did you need help from another person to do your

grooming, like brushing your hair, brushing your teeth, or washing your face?

1 No help

2 Help - GO TO 3a

3 Unable to do - GO TO 3a

7 REF

8 DK

2b. Within the last month, have you had difficulty with your personal grooming?

1 Yes

2 No

7 REF

8 DK

9 NA

3a. Within the last month, did you need help from another person to dress your upper body (i.e., above your waist), like putting on or buttoning a shirt (or blouse)?

1 No help

2 Help - GO TO 4a

3 Unable to do - GO TO 4a

7 REF

8 DK

3b. Within the last month, have you had difficulty dressing your upper body?

1 Yes

2 No

7 REF

8 DK

9 NA

4a. Within the last month, did you need help from another person to dress your lower body (i.e., below your waist), like putting on or buttoning your pants (or

skirt) or putting on or tying your shoes?

1 No help

2 Help - GO TO 5a

3 Unable to do - GO TO 5a

7 REF

8 DK

4b. Within the last month, have you had difficulty dressing your lower body?

1 Yes

2 No

7 REF

8 DK

9 NA

5a. Within the last month, did you need help from another person to feed yourself, like holding a fork, cutting food, or drinking from a glass?

1 No help

2 Help - GO TO 6a

3 Unable to do - GO TO 6a

7 REF

8 DK

5b. Within the last month, have you had difficulty with feeding yourself?

1 Yes

2 No

7 REF

8 DK

9 NA

6a. Within the last month, did you need help from another person to use the toilet, including getting on and off the toilet?

1 No help

2 Help - GO TO 7a

3 Unable to do - GO TO 7a

7 REF

8 DK

6b. Within the last month, have you had difficulty with using the toilet?

1 Yes

2 No

7 REF

8 DK

9 NA

7a. Within the last month, did you need help from another person to walk around inside your home?

1 No help

2 Help - GO TO 8a

3 Unable to do - GO TO 8a

7 REF

8 DK

7b. Within the last month, have you had difficulty with walking around inside your home?

1 Yes

2 No

7 REF

8 DK

9 NA

8a. Within the last month, did you need help from another person to get in and out of a chair?

1 No help

2 [] Help

3 [] Unable to do

7 [] REF

8 [] DK

8b. Within the last month, have you had difficulty getting in and out of a chair?

1 [] Yes

2 [] No

7 [] REF

8 [] DK

9 [] NA

Scoring

For each of the 8 activities.

- No help, no difficulty: score 0
- No help, yes difficulty: score 1
- Help (regardless of difficulty): score 2

Sum the total.

Protocol source: <https://www.phenxtoolkit.org/protocols/view/250101>