



Data Collection Worksheet

Please Note: The Data Collection Worksheet (DCW) is a tool to aid integration of a PhenX protocol into a study. The PhenX DCW is not designed to be a data collection instrument. Investigators will need to decide the best way to collect data for the PhenX protocol in their study. Variables captured in the DCW, along with variable names and unique PhenX variable identifiers, are included in the PhenX Data Dictionary (DD) files.

DID YOU TAKE ANY DIETARY SUPPLEMENTS DURING THE PAST YEAR, AT LEAST ONCE A WEEK?

☐ YES

☐ NO

If yes, did you take any of the following?

	HOW OFTEN?			FOR HOW MANY YEARS?			
VITAMIN TYPE	1 to 3 times a <u>week</u>	4 to 6 times a <u>week</u>	Once a <u>day</u>	1 year or <u>less</u>	2 to 4 <u>years</u>	5 to 9 <u>years</u>	10 years or <u>more</u>
MULTIPLE VITAMINS Regular One-a- Day type, Centrum® or Thera-type	0	0	0	0	0	0	0
B-complex or Stress-tab type	0	0	0	0	0	0	0
SINGLE SUPPLEMENTS	0	0	0	0	0	0	0

Vitamin C							
Vitamin E	0	0	0	0	0	0	0
Folic acid, Folate	0	0	0	0	0	0	0
Vitamin B-12	0	0	0	0	0	0	0
Vitamin B-6	0	0	0	0	0	0	0
Calcium, alone or combined with something else such as in a bone health supplement <u>OR</u> in an antacid	0	0	0	0	0	0	0
Vitamin D, alone	0	0	0	0	0	0	0
Selenium	0	0	0	0	0	0	0
Iron	0	0	0	0	0	0	0
Zinc	0	0	0	0	0	0	0
Fish oil or omega-3 Fatty acids	0	0	0	0	0	0	0
Flaxseed	0	0	0	0	0	0	0
Garlic, as a pill, tablet, or	0	0	0	0	0	0	0

capsule							
Glucosamine, alone or combined with something else	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Coenzyme Q-10	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Saw Palmetto	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
IF YOU TOOK VITAMIN C OR VITAMIN E:							
When you took VITAMIN C, how much did you usually take? <input type="radio"/> 250 mg or less <input type="radio"/> 300 to 500 mg <input type="radio"/> 600 to 1000 mg <input type="radio"/> More than 1000 mg		When you took VITAMIN E, how much did you usually take? <input type="radio"/> 200 IU or less <input type="radio"/> 250 to 400 IU <input type="radio"/> 450 to 1000 IU <input type="radio"/> More than 1000 IU					

Scoring Procedures: The SURE-QX database has the nutrient profiles for one dose of each of the supplements on the questionnaire. A SAS scoring program and inventory information is available by clicking on the link below. Please select the SURE SFQ Documentation file first to get step-by-step instructions on scoring the questionnaire:

[Supporting Scoring Documents and SAS Scoring Program >](#)

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Protocol source: <https://www.phenxtoolkit.org/protocols/view/50501>