

***Has the COVID-19 pandemic led to any of the following positive changes in your life IN THE PAST TWO WEEKS?***

**15. ...strengthened your relationships with others or your community**

- a. Not at all (0)
- b. Slightly (1)
- c. Moderately (2)
- d. Very (3)
- e. Extremely (4)

**16. ...created new possibilities**

- a. Not at all (0)
- b. Slightly (1)
- c. Moderately (2)
- d. Very (3)
- e. Extremely (4)

**17. ...helped you identify personal strengths**

- a. Not at all (0)
- b. Slightly (1)
- c. Moderately (2)
- d. Very (3)
- e. Extremely (4)

**18. ...created spiritual change**

- a. Not at all (0)
- b. Slightly (1)
- c. Moderately (2)
- d. Very (3)
- e. Extremely (4)

**19. ...increased your appreciation of life**

- a. Not at all (0)
- b. Slightly (1)
- c. Moderately (2)
- d. Very (3)
- e. Extremely (4)

*A growth total score is created by summing responses to items 15-19 for a range of 0-20*

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